

# FAITH5

## WHAT IS FAITH5?

FAITH5 stands for “Faith Acts In The Home.” It is a way to do faith at home in 5 simple steps that take just 5-15 minutes a day. These small things can make a huge difference in our lives and the lives of our children and those we love if we do them each day.



**Share**

### STEP ONE: SHARE

Have each person share something good and bad you experienced today. Can't think of a personal one? Check out the headlines from the news and teach empathy and compassion for the broader world.

### STEP TWO: READ

Read a verse from the Bible. Need a suggestion? Check out the back of this card or ask Google for a verse that relates to someone's high or low.



**Read**



**Talk**

### STEP THREE: TALK

Talk about how the verse relates to highs and lows. Unpack the verse a bit. What does it mean in your own words? How might it relate to where you are today in your highs and lows?

### STEP FOUR: PRAY

Pray for each others' highs and lows, for your family and for the world. Simply talk to God, thank Jesus for the good and ask the Holy Spirit for guidance in specific problems. There is no right or wrong way to pray!



**Pray**



**Bless**

### STEP FIVE: BLESS

Bless one another. Trace the sign of the cross on one another's forehead or palm as a reminder that you belong to God and to one another.

"THEREFORE ENCOURAGE ONE ANOTHER AND BUILD UP EACH OTHER" --1 THESSALONIANS 5:11

## HERE ARE A FEW BIBLE VERSES TO GET YOU STARTED . . .

**Acts 16:31** – Believe on the Lord Jesus Christ, and you will be saved.

**Psalms 145:9** – The LORD is good to all.

**Genesis 16:13** – You are the God who sees.

**Philippians 4:4** – Rejoice in the Lord always. I will say it again: Rejoice!

**Proverbs 14:5** – A honest witness does not lie, a false witness breaths lies.

**Numbers 6:24** – The Lord bless you and keep you

**Colossians 3:2** – Set your minds on things above, not on earthly things.

**Colossians 3:16** – Let the word of Christ dwell in you richly.

**1 John 5:3** – This is love for God: to obey his commands

**Ephesians 4:30** – And do not grieve the Holy Spirit

**Hebrews 13:8** – Jesus Christ is the same yesterday, today and forever.

**Psalms 150:6** – Let everything that has breath praise the Lord.

**Proverbs 3:5** – Trust in the Lord with all your heart.

**Romans 10:13** – Everyone who calls on the name of the Lord will be saved.

**Romans 3:23** – All people have sinned and come short of the glory of God.

**Matthew 5:14** – You are the light of the world.

**Psalms 145:9** – The Lord is good to all.

**Colossians 3:20** – Children, obey your parents in all things.

**James 1:17** – Every good gift and every perfect gift is from above.

**Matthew 28:20** – I am with you always.

**Ephesians 4:32** – Be kind to one another.

**1 John 3:23** – Love one another.

**Psalms 56:3** – What time I am afraid, I will trust in You.

**Psalms 118:24** – This is the day the Lord has made; Let us rejoice and be glad in it.

**Psalms 119:105** – Your word is a lamp to my feet and a light for my path.

**Psalms 136:1** – Give thanks to the Lord, for he is good. His love endures forever.

**Luke 6:31** – Do to others as you would have them do to you.

**Philippians 4:13** – I can do everything through Him who gives me strength.

**Psalms 138:1** – I will praise thee with my whole heart.

**John 10:11** – I am the good shepherd.

**Ephesians 6:1** – Children, obey your parents in the Lord, for this is right.

**Proverbs 30:5** – Every word of God proves true.

**Matthew 6:24** – No one can serve two masters.

**Deuteronomy 6:5** – You shall love the LORD your God with all your heart and with all your soul and with all your might.

**Matthew 22:39** – You shall love your neighbor as yourself.

**1 Corinthians 10:31** – Whatever you do, do everything for the glory of God.

**Psalms 19:1** – The heavens declare the glory of God.

**Genesis 1:1** – In the beginning, God created the heavens and the earth.

**Psalms 139:14** – I praise you God, for I am fearfully and wonderfully made.

**Isaiah 43:5** – Do not be afraid for I am with you.

**Psalms 1:6** – The LORD knows the way of the righteous, but the way of the wicked will perish.

**Matthew 28:6** – He is not here, he is risen!

**Acts 5:29** – We must obey God rather than men.

**1 Thessalonians 5:17** – Pray without ceasing.

**1 John 4:19** – We love because he first loved us.

**Psalms 46:10** – Be still, and know that I am God.

**Proverbs 2:6** – The Lord gives wisdom.

**Psalms 150:6** – Let everything that has breath praise the LORD!

**Ecclesiastes 12:13** – Fear God and keep his commandments.

**Isaiah 26:4** – Trust in the Lord forever, for the Lord God is an everlasting rock.

**Galatians 6:7** – Do not be deceived: God is not mocked, for whatever one sows, that will he also reap.

**Philippians 4:13** – I can do all things through him who strengthens me.

NEED MORE VERSES? OPEN YOUR BIBLE TO ANY PAGE  
OR ASK GOOGLE FOR A SUGGESTION.